

















Breakfast, Lunch & Dinner Menu for JUNE 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Scrambled Eggs Maple Bars Little Smokies Roast Turkey Dressing/Gravy Cream of Broccoli Soup/Crackers Cold Roast Beef Sandwiches Alternative: Sliced Ham Mashed Potatoes Gravy	2 Sausage Links French Toast Fried Eggs Breaded Veal Country Gravy Mashed Potatoes Hot Dogs on Buns Macaroni Salad  Alternative: Chicken Breasts Noodles Au Gratin	3 Poached Eggs  Ham Slices Bagels/Cream Cheese Meatloaf/Gravy Baked Potatoes Chicken Rice Soup Egg Salad Sandwiches Alternative: Fish Fillet Rice Pilaf	4 Scrambled Eggs Variety Muffins Sausage Patties Oven Fried Chicken Mashed Potatoes/Gravy Spaghetti Marinated Cucumbers  Alternative: Salisbury Steak Noodles	5 Pancakes  Bacon Slices Chicken Enchiladas Spanish Rice Refried Beans Bean with Bacon Soup Ham Salad Sandwich  Alternative: Pork Chop Dressing	6 Omelets German Sausage Fish Portions Tator Tots Macaroni & Cheese Asparagus Alternative: Chix Trips Parsley Noodles	7 Poached Eggs Ham Slices Meatballs Mushroom Gravy Whipped Potatoes Lentil Vegetable Soup Turkey Sandwich Alternative: Fish Nuggets Baked Fries
8 Scrambled Eggs Cinnamon Rolls  Sausage Patties Pork Chops/Gravy Sweet Potatoes Chicken Rice Cass** Oriental Vegetables Alternative: Baked Chicken Dressing	9 Pancakes Bacon Slices  Fried Eggs French Dips Steak Fries Cream Mushroom Soup Chicken Salad Sandwich Alternative: Kielbasa Sauerkraut	10 Scrambled Eggs Hashbrowns Little Smokies Baked Ham Scalloped Potatoes Vegetable Beef Soup Grilled Tuna Sandwich Alternative: Roast Turkey Whipped Potatoes	11 Omelet Crisp Bacon Slices Salisbury Steak/Gravy Mashed Potatoes Beef Pasta Casserole Green Beans Alternative: Fish Nuggets Peas	12 Sausage Links French Toast/Margarine/Syrup Chicken & Noodles California Veggies Bean w/Bacon Soup Roast Beef Sandwich Alternative: Pork Roast Dressing Spinach	13 Scrambled Eggs German Sausage Bagels/Cream Cheese Baked Fish Parslied Potatoes Clam Chowder Club Sandwich Alternative: Veal Cutlets Noodles	14 Poached Eggs Ham Slices Beef Pot Roast Gravy Potatoes, Onions Sausage Gravy on Biscuits Alternative: Chicken Strips Mac and Cheese
15 Scrambled Eggs Bacon Strips Danish Rolls Fried Chicken Dressing/Gravy Cheeseburgers/Steak Fries Alternative: Salisbury Steak Mashed Potatoes	16 Hot Cakes  Little Smokies Meatloaf/Catsup Creamed Peas/Potatoes Chicken Enchilada Casserole Alternative: Fish Fillet/tartar Noodles Alfredo	17 Fried Eggs Bacon Slices Bagels/Cream Cheese Roast Pork/Gravy Mashed Potatoes Golden Potato Soup BBQ Beef Sandwich Alternative: Chicken Breast Rice	18 Omelet Coffee Cake Sausage Patties Lasagna Oriental Vegetables Belgian Waffles Strawberries  Sausage Links Alternative: Turkey Mashed Potatoes	19 Ham Slices Biscuits and Gravy Roast Beef/Gravy Red Potatoes Chickenwiches Oven Browned Potatoes Alternative: Chicken Strips Spanish Rice	20 French Toast Bacon Slices Fried Eggs Baked Salmon Au Gratin Potatoes  Hot Turkey Sandwich Asparagus or Broccoli Alternative: Cubed Steak Noodles	21 Scrambled Eggs Sausage Patties Toast/Marg/Jelly Beef Stew Cornbread Chicken Noodle Soup Grilled Cheese Sandwich Alternative: Veal Cutlets Mashed Potatoes
22 Cinnamon Rolls  Sausage Links Western Omelet Baked Ham Creamed Potatoes and Peas Corn Chowder Egg Salad Sandwich  Alternative: Turkey Dressing	23 Scrambled Eggs  Raisin Toast Little Smokies Fish Nuggets Tator Tots Scalloped Turkey Oriental Vegetables Alternative: Salisbury Steak Noodles	24 Poached Eggs  Ham Slices Bagels/Cream Cheese Swissed Steak Mushroom Gravy Split Pea Soup Cold Cheese Sandwich Alternative: Chicken Strips	25 Bacon Slices French Toast Chicken and Dumplings Coleslaw Bean with Bacon Soup Tuna Sandwich Alternative: Baked Potato	26 Hashed Browns Scrambled Eggs German Sausages Homemade Pizza Green Beans  Cream of Celery Soup Fishwiches Alternative: Baked Potato	27 Pancakes Sausage Patties Hot Beef Sandwiches Mashed Potatoes Gravy Clam Chowder BLT Sandwiches Alternative: Rice Pilaf	28 Cheese Omelet Bacon Slices Kielbasa/Mustard Scalloped Potatoes Sauerkraut Bread Sticks/Marg Ice Cream Navy Bean Soup Chicken Salad Sandwich Alternative: Pork Chop Noodles
29 Scrambled Eggs Maple Bars Little Smokies Roast Turkey Dressing/Gravy Cream of Broccoli Soup/Crackers Cold Roast Beef Sandwiches Alternative: Sliced Ham Mashed Potatoes Gravy	30 Sausage Links French Toast Fried Eggs Breaded Veal Country Gravy Mashed Potatoes Hot Dogs on Buns Macaroni Salad  Alternative: Chicken Breasts Noodles Au Gratin	<p><i>Royal Plaza Retirement Center</i> 2870 Juniper Drive • Lewiston, ID 746-2800 <i>Mark Newman, AD&C</i> Activity Director Certified</p>			<p>Breakfasts include: Cooked cereal Choices of Juice Hot/cold drinks</p> <p>Lunches include: Salad Bar Choice of vegetables Dessert</p> <p>Dinners include: Cookies and Fruit</p>	
*Menu is subject to change						